

**Best Time to manifest resolutions of difficult situation or completions of unpleasant cycle is over the full moon...**

## **How To Write Releasing Letter**

**Start Now.. To Get Ready for Release Manifestation  
On September / Full Moon!**

*To manifest new wishes **and desires is best during new moon phase.***

September, Full Moon in Pisces:

Moon in Pisces has the greatest sensitivity and perceptiveness of surroundings. You can experience feelings of insecurity, be passive and only wait and see what happens in your life. If you engage in creative or spiritual search, you will benefit from great imagination of Pisces.

Check for Each New Moon which Astrological sign is in the moon that month!

**Tip! For Your Information Be More In The Flow with Energies:**

Taurus, Virgo and Capricorn are Earth signs (Green)

Gemini, Libra and Aquarius are Air signs (Yellow)

Aries, Leo, and Sagittarius are Fire signs (Red)

Cancer, Scorpio and Pisces are Water signs (Blue)

Earth sign that's really good for manifesting Material, Success, Jobs, Money, Wealth

Water sign it's really good for Manifesting Love, Psychic abilities, Spiritual Awakening

Fire signs are really good for like Passion, Drive, Inspiration, Motivation, High Energy

Air is really good for manifesting knowledge, Intellect, communication abilities, and new ideas

***You are commanding what you want  
You are not asking for what you want  
You are commanding it!  
You are the commander in charge!***

Write Releasing letter to The Universe (You command always, and by always, You mean every single time it gets manifested into physical.

1. Get Yellow Note Pad / Yellowish/Beige Piece of Paper / Grey Pencil (Grey) / Pencil Gum
  - Light Candle or Aroma Candle (Uplift your Spirit) / Aroma Therapy that relax you, Drink a Cup of Relax/Calm Tea.
  - Place both hands on your heart, Close your Eyes, Inhale while looking up to the crown of your head, exhale relax your eyes, do this 2 times more... Then Say Softly I Honor The Space in Which I Exist.
  - Now Meditation, This is essential to open up and clear yourself. Start with deep breezing, calmness, and gentleness. Get into surrendered state of love and peace and open your heart for 5 to 10 Minutes (Creates Focus) While Slowly Breathing in and out...
  - *When you Challenge to stay focus look at candle flame for 5 minutes then close your eyes for 5 minutes. (Dark Room or Cozy Lighting)*
  - *Open Your Eyes and Touch The Yellow Pad in the center with Left Middle/index finger and say "I honor Space in which you exist"*
  - Start Writing everything that comes to mind that challenge you (Problem, Issues, Situations, Negative experience's, People and Event.. (express yourself feeling and emotions...

2. When you have completed Step 1... Take your Sketch notes and...
  - Rewrite Your Letter on Yellow Note Pad in New Unit of YOU!
  - Transmute Negative Writing into Positive Writings. (What is your preferred outcome)
  - Make sure everything is written in The Present tense!
  - Reframe / Paraphrasing your Script...
  - Transmute Negative Words into Positive Words
  - Be Very specific, General and our Focus on the feeling (**Feeling is The Key!**)
  - Vividly see The Picture in your mind eye!
  - Burn Negative letter in a safe place. while look at fire and say I Love, I am Sorry, please forgive me, thank you... keep repeat the mantra. When flames go out say Out loud: Past is The Past, The Past has no power over me anymore! Thank You!
3. When Complete Step 2. Go into Deeply Well of Why...
  - Sentence/Piece and ask out-loud Why question like resolve it? (Focus on Positive outcome at all time!)
  - You Answer outloud then ask why questions?
    - Keep going till feel feeling/threshold/Aha/Inside..
    - If nothing comes up then by asking why then let manifestation go for now!
    - Only pick the one that give Strong Feeling/threshold/Aha/Inside!
4. When Complete Step 3...
 

Get White Piece of Paper (No Line) Blank Canvas!!! And Blue Pen.

  - Place both hands on your heart, Close your Eyes, Inhale while looking up to the crown of your head, exhale relax your eyes, do this 2 times more... Then Say Softly I Honor The Space in Which I Exist.
  - *Open Your Eyes and Touch The White Paper in the center with Left Middle/index finger and say "I honor Space in which you exist"*
  - Start Writing Down in Cursive Your release Letter!  
**Dear Universe, I love and appreciate you...** Then write whatever you want to resolve. Finish your letter with, **I surrender to you and trust that you will bring this or something better..... So Be It... So Let It Be Done and It Is So.,,,**  
 While you are writing visualize/Feel what you write!
5. When Complete Step 4...
  - Place both hands on your heart, Close your Eyes, Inhale while looking up to the crown of your head, exhale relax your eyes, do this 2 times more... Then Say Softly I Honor The Space in Which I Exist.
  - *Open Your Eyes and Touch The White Paper in the center with Left Middle/index finger and say "I honor Space in which you exist"*
  - Read letter slowly aloud with intention. Put your feelings, emotions, and desires behind it. Next.. Light a candle and put it on top of the letter. If you have spiritual altar with crystals, angels, oils, or whatever else on your altar place the letter there and put candle on top of it. In dark room look at candle flame for 5 minutes then close your eyes for 68 Seconds or longer and just be...
  - (WARNING: be smart please, don't burn your house, make sure you have a special candle in a holder that won't drip, make sure there is no wind, and that kids can't reach it. Please use common sense, you are responsible for your own safety. If you don't feel candle is a good idea DO NOT BURN IT!

## 6. Momentum cycle... Do this for 7 Days!

- From now on every morning and night When Wake up or just before going to bed. (or whenever you remember, or get that precious minute of time) come to your altar, unfold the letter, read it, and connect with the feelings and emotions of your wish/command/positive outcome being granted. This step is important for you because: it reminds you of your deep desire, it keeps you in higher vibration throughout the day, it keeps you open to synchronicity, signs, people, and ideas that natural flow into daily experience.

**I give the command, order and decree NOW!**

## 7. Transform Your Releasing Letter into I AM Statement into Genie in A Bottle

- **Transform your Releasing Letter into powerful I am Affirmations...**
- May start on Yellow Note Pad with pencil create I AM Affirmations/Commands
- *Check you why on each I AM Affirmations/Commands?*
- On Each I am Affirmation/Command and ask out-loud Why questions?
- You Answer out loud then ask why question?
  - Keep going till feel feeling/threshold/Aha/Inside..
  - If nothing comes up then by asking why then let manifestation go for now!
  - Only pick the one that give Strong Feeling/threshold/Aha/Inside!
  - Now Write Down in Cursive Writing on White Piece of Paper and Blue Pen Your Affirmations/Commands...

## 8. When Complete Step 7...

- **Own Personal Genie in a Bottle**
- Best Start New Moon Cycle
- Clear Glass - 1 gallon or 1.5/2.0/3.0 Liter (Large Bottle is Best!)
  - No Labels or Bar Code!!!!
- Pure Water (No Tap Water) (You can place it in The Moon Light)
- Have your, I am Affirmations/Commands Manifestation Letter ready....
- Clap your hands (Open Energy & Path Way to Your Heart Desires)
- Hands on your Heart, Close your eyes, Breath in /out Slowly 3 times...
- Open your eyes.. Move Left Middle Finger/Index Finger that Glass Bottle, Look with intention to bottle... Say Outloud, 8 Magical Words "I honor place in which you exist"
- Clap Your Hands, Place both hands on the bottle
- Command Your statement Out Loud Slowly 7x times (feeling is Key) send the Feeling, Energy, vibration, frequency into water 17, 28, 68 seconds... (Just Be) – or as long as you desire (FEELING/FEEL GOOD IS KEY!)
- Does this for 7 days!
- Then Drink water every day for 30 days to embody Affirmation/commands into your vortex of creation that is YOU!
  - Daily 1 oz or 2 oz / 30/60 ml
- Close Your Eyes and Just Be For 17, 27, 68 Second or longer...

Enjoy!!!!

When you have any questions fill out the form  
And I will come back to you...

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